

# The Church of *We Are Family* Saint Paul

## **Parish Office**

978-468-2337

fax: 978-468-6538

email: [stpaulsparish@comcast.net](mailto:stpaulsparish@comcast.net)

website: [www.churchofsaintpaul.net](http://www.churchofsaintpaul.net)

## **Pastor**

Rev. Louis D. Bourgeois

## **Deacon**

Rev. Mr. James Manzi, Jr.

## **Deacon – Retired**

Rev. Mr. Edward Koval

## **Pastoral Associate**

Mrs. Elizabeth (Liz) Reilly

email: [lizreilly@comcast.net](mailto:lizreilly@comcast.net)

## **P.R.E.P.**

Telephone: 978-468-3617

Coordinator (Grades 1 – 6)

Mrs. Jeanne Abbott

email: [jeanne.abbott@verizon.net](mailto:jeanne.abbott@verizon.net)

## **S.P.Y.M.**

Telephone: 978-468-3617

Coordinator (Grades 7-10)

Mrs. Jackie Martin

email: [jackiemartin101@verizon.net](mailto:jackiemartin101@verizon.net)

## **Music Director**

Mr. Thomas Bold

email: [boldtunes@aol.com](mailto:boldtunes@aol.com)

## **Office Manager**

Ms. Eileen Larkin

## **Secretary**

Mrs. Lucy Cronan

## **Mission Statement**

We, as the parish family of Saint Paul, recognize that our mission is to be a joyful, welcoming community centered in the Eucharist. Through our prayer and liturgy, we are empowered to grow in faith, love and service.

## **Mass Schedule**

Saturday: 4:30 PM

Sunday: 8:00 AM, 10:15 AM, 5:30 PM

## **Daily Mass**

Monday - Friday: 9:00 AM

## **Sacrament of Baptism**

Arranged by Appointment

## **Sacrament of Reconciliation**

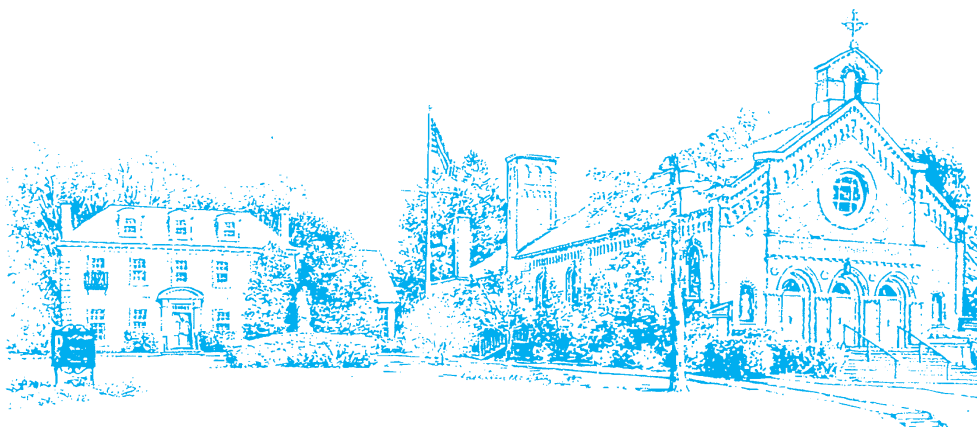
Saturday: 3:45 - 4:15 PM

## **Sacrament of Marriage**

Arranged at least six months prior to the chosen date.

## **Sacrament of the Sick**

Please call the rectory as soon as any member of your family becomes hospitalized or confined to home because of illness or age. We want to visit and to make the Sacrament of the Sick available.



*The Church of Saint Paul Welcomes New Members*

*50 Union Street, South Hamilton, MA 01982*

**PLEASE PRAY FOR . . .** Kathleen Schroot, Carolyn Pelletier, Julie Coats, Evelyn E. Nelson, Barbara McLean, Kate Starr, Sophia Shaw, Sally Minich, Eutawna Clark, Rita Pooler, Thomas Queen, Carolyn Dutton, Marie Magill, Lisa Carey, Beth Rebello, Paul Haggerty, Glen Brotchie, Donna Wilson, Linda Wilson, Terry Plourde, Isabella Buccafusca, and all who are ill, in nursing homes, and for those who are hospitalized.

**MASS INTENTIONS**

Saturday, February 20  
4:30 pm  
**Charles Steward**

Sunday, February 21  
8:00 am  
**Paul Harrison**  
10:15 am  
**Betti Warden**  
5:30 pm  
**Denys Gonthier**

Monday, February 22  
9:00 am  
**Cathleen McCaffrey Green**

Tuesday, February 23  
9:00 am  
**Mary J. Kelly**

Wednesday, February 24  
9:00 am  
**Mary Wedgewood**

Thursday, February 25  
9:00 am  
**Cecile Cusson**

Friday, February 26  
9:00 am  
**Andrew S. Barada**

Saturday, February 27  
4:30 pm  
**Roy St. Germain**

Sunday, February 28  
8:00 am  
**Joan Hogan**  
10:15 am  
**Helen Koval**  
5:30 pm  
**Youth Mass**  
**Gerald J. McConomy**



**Church Food Drive Winter 2010**

**Please consider donating a single grocery bag of key food items.**

**The need this year is great with Acord visits up 25%**

**Donations will be picked up on March 7<sup>th</sup> and March 14<sup>th</sup>  
Bring donations to your church or directly to  
Acord, 69 Willow St., S. Hamilton, MA 01982**

**The Church Food Drive is a critical bridge between  
the high-demand winter months and Acord's May food drive.**  
[www.acordfoodpantry.org](http://www.acordfoodpantry.org)

**LENTEN BIBLE STUDY**

Father Arthur Driscoll, former dean of St. John's Seminary College, will conduct a bible study at St. Paul's starting in February. Father Driscoll has over 20 years experience conducting bible studies. This study will provide a great opportunity for participants to increase their knowledge of the bible. Father Driscoll will start with an extensive introduction to the bible and provide a framework for better understanding the bible. His approach will benefit those who are new to bible study as well as those who have attended bible studies before.

**The bible study will be held on Thursday nights in the church hall from 7 to 8:30 pm,** Join us and make this a special Lent. Feel free to come to any sessions that you are able to make.

**ST. PAUL'S KNITTING MINISTRY**

If you would like to join the ministry, our next meeting is on Saturday, March 6 at 2:00. We meet on the first Saturday of the month at 2:00 pm in the church hall. If you have any questions, please contact Toni Twomey at 978-468-1437.

**PRAYER FOR OUR TROOPS...***Father, hold our troops, especially George Robinson, in your loving hands and protect them, as they protect us. Be with them and comfort them with your loving presence while they are away from their homes. Bless them and their families for the selfless acts they perform for us in our time of need and grant us all peace, both as individuals and as a world community. We ask this in the name of Jesus, your Son, with faith that you will hear and answer all our prayers according to your will. Amen*

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## *FIRST SUNDAY OF LENT*

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### LENTEN REGULATIONS 2010

**Abstinence** -- Catholics over 14 years of age are bound to the obligation of abstinence. Abstinence is to be observed on Ash Wednesday and on all Fridays of Lent. On days of abstinence, meat may not be used at all.

**Fast** -- Catholics over 18 and up to the beginning of their 60th year are bound to the obligation of fasting. Ash Wednesday and Good Friday are the days of fasting. On these days, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices are allowed.

Regarding other weekdays of Lent, participation in daily Mass and the voluntary observance of fasting is recommended. Commendable, particularly during Lent, is generosity to local, national and world programs of sharing our abundance, the traditional Lenten Devotions and all the self-denial summed up in the Christian concept of "mortification."

### Fasting during Lent

In the fifth century, St. Peter Chrysologus wrote: "Fasting is the soul of prayer, mercy is the lifeblood of fasting. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others, you open God's ear to yourself." We take the initiative during Lent to curb our desires and exercise an opportunity to put aside what we may want so that we can be reminded of God. Every time we desire that from which we are fasting, we are reminded of why we chose to give it up: to think about God. And, when we give something up, we have more to give away, to help a brother or sister in need because we are not using something for ourselves. Our Lenten fast is intimately connected to our Lenten sharing.

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### BOSTON CATHOLIC MEN'S CONFERENCE

Please join many men from Our Lady of Hope in Ipswich and area parishes who are attending the 6th Annual Boston Catholic Men's Conference on Saturday, April 17, at the Cathedral of the Holy Cross in Boston.

For more information, please contact  
Lou DeGeorge at (978) 356-9552  
[ldegeorgesr@yahoo.com](mailto:ldegeorgesr@yahoo.com) or  
[www.CatholicBoston.com](http://www.CatholicBoston.com)

### OPERATION STARFISH LENT, 2010

During the 40 days of Lent our parish is participating in Operation Starfish a program from Food for the Poor. By fasting or giving up a small pleasure each day during Lent and putting the money we save into the Starfish collection, we can join our small sacrifices to make a big difference for the poor.

Everyone can participate – children, seniors, families and the homebound.

It's a simple way to live out the Gospel and make a difference in the lives of those who need us.

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### PROJECT RACHEL

Do you know someone who is carrying grief and sorrow over past abortions? Project Rachel is the post-abortion ministry of the Catholic Church to help those dealing with the pain of abortion.

Project Rachel will offer three "Come to the Waters" post abortion healing retreats this spring: Saturday, March 13, and Saturday, June 5.

For more information and registration for the date of your choice, contact Project Rachel at 508.651.3100 or [help@projectrachelboston.com](mailto:help@projectrachelboston.com)

### **1st Sunday of Lent**

So what's your temptation? Chocolate ice cream? Gossip? Alcohol? Petty thievery? Pornography? Or just plain ignoring God?

Gratefully, none of us has to stand up in front of the whole assembly and confess the specifics of our sins (just to be clear, chocolate ice cream isn't one!). We simply admit to our sinfulness before we enter into the celebration of the Eucharist, leaving the specific confession of sin to the privacy of the sacrament of penance when we speak individually with a priest.

Sunday's Gospel directs our attention that Jesus truly was a human person just like all of us. He was subjected to temptation, just like we are. In our desire to conform our lives to be more like Christ, we seek to avoid temptation, just like he did.

For those of us who are already baptized, this Lenten season is one of renewal. We are praying more, fasting, and helping others so as to recover our baptismal innocence. These forty days are meant to get us ready for the renewal of our baptismal promises at Easter. In those promises we rejected Satan, his works, and his empty promises. We rejected sin so as to live in the freedom of God. These forty days will test our fortitude, but we don't go into them alone. We are surrounded by an entire community of faith, all of us working together to become even better Christians. Sometime during this season, we'll each confess our sins with a priest. But as we begin Lent, it might not hurt to tell one other person what you're striving for during this season. Ask them to pray for you, and to help you by being ready to ask how your Lent is going on a weekly basis from now until Easter.



In these practices of  
self-denial, we strengthen  
our will to choose.



©LPI

***FEBRUARY 21, 2010***

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**LENTEN SCHEDULE 2010**

**Daily Mass**

**9:00 am Monday - Friday**

**Stations of the Cross**

**Friday mornings after the 9:00 am Mass**

**Lenten Bible Study**

**Thursdays 7 - 8:30 pm**

**Church Hall**

**Presenter: Father Arthur Driscoll**

**The Sacrament of Reconciliation**

***The Light is On For You***

**Wednesday Evenings**

**6:30 - 8:00 pm**

**March 3, 10, 17, 24, 31**

**Eucharistic Adoration**

**Saturdays**

**7:30 am - 4:00 pm**

**Mime Stations of the Cross**

**Sunday, March 21**

**(watch bulletin for details)**

**Men's Prayer Group**

**Saturdays**

**7:30 a.m.**

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**FEBRUARY PREP SCHEDULE**

**Sunday, February 21**

Movie in the church hall

**Sunday, February 28**

Meet in Middle School

**ST. PAUL'S EDGE PROGRAM**

**Semester II**

**February 23**

Loving God  
in our Families

**March 2**

Loving God  
in our Schools

**March 9**

Temptation and  
Peer Pressure

**March 16**

Vocation

**March 23**

Dealing with Apathy

**March 30**

Role of Sacraments  
and Grace in  
Living Life in Christ

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